Abstract

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La cosmovisión indígena Tzotzil y Tzeltal a través de la relación salud-enfermedad en el contexto de la medicina tradicional indígena
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Tzotziles and Tzeltales are two indigenous groups that comprise of the old mayan culture; at the present time they continue conserving their customs and traditions, which give sustenance to their culture and identity. These ethnic groups live in of Altos de Chiapas zone, a mainly indigenous zone and of difficult access by their geographic location; Tzotziles and Tzeltales still conserve their ancestral therapeutic practices in which refers to traditional medicine «world view» is formed by a world vision; different to the western culture. Tzotzil and tzeltal indigenous traditional medicine stays and it is continued practicing by the traditional doctors and the general population; it is fundamentally a system of pre-Hispanic origin that has being governing by axis in its world view and that rests on magical and religious bases, also it is possible to mention that the traditional medicine has become rich of knowledge brought by the Spaniards and the black races; in other words «medic sincretism ». In addition it has played a fundamental role in the preservation of the health for many generations.

Keywords

World view, mayan culture, tradition, Chiapas.

Full text article